



**A contemporary ethical will: an example of how much you can say in just one paragraph**

Dear ones,

I fully expect that I will live for a very long time, to see you well into adulthood and to share your future with you. There is much to look forward to, and I am planning on being part of all the adventures and all the challenges and all the joys. But if for some reason I am not, the most important thing you need to know is how much my love for you created the person that you will remember as me. I made you, but you made me, too. I am so proud of you and so grateful to you. When the time comes, and none of us can answer the question of when that will be, you need to know that without a doubt, I was fulfilled in my life. I have had a wonderful life and I don't want you to mourn me – maybe a little, but not too long! Carry me forward by re-creating the net that I was for you and be it for others. Carry me forward in your kitchen with our favorite coffeecake, muffins and pie, warm from the oven and made for your own delectable pleasure, or for those you care about. Carry me forward with an optimistic outlook and tenacious devotion to what you know is best. Carry me forward and I will be with you always.

*Mother*

Recipes attached

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